WHY TAKE MENTAL HEALTH FIRST AID?

MHFA Collaborative

managed by
MHA
Mental Health America
of Northern Kentucky
& Southwest Ohio

Law enforcement officers have a 54% increase in suicide risk compared to the general public.

Mental Health First Aid helps reduce stigma, teach signs and symptoms, and prepare first aiders to use a 5 step action plan to use in the event of a mental health crisis.

Get certified in Mental Health First Aid.